



## OTHER SERVICES:

- Diabetes and disease state management
- In-depth medication review and assessments
- Specialized guidance with CBD and medical marijuana
- Holistic Health Coaching

Not sure where to go next with your healthcare?

Let's talk!

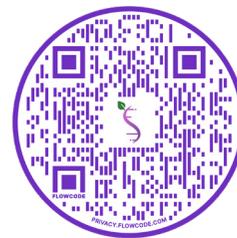


### A pharmacist led process completely customized to you.

We learn about your DNA and how your body processes certain medications.

- Extensive one-on-one uninterrupted time
- Detailed information on what your results mean
- Check for drug interactions and how genes can affect the drugs

\*A standard report from the lab will not provide all of this.



#### For more information, contact

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## PHARMACOGENOMICS

*How can we help you make the most of your body?*

A **pharmacogenomics test** is a tool we can use to learn about how your DNA can potentially affect how you process medication. A *quick cheek swab can provide guidance on over 200 medications*. This allows us to formulate your personalized plan in order to minimize side effects and maximize effectiveness of your medications.

### Medication categories that may benefit from a test:

- Anticoagulants
- Cholesterol
- Oncology
- Blood Pressure
- Diabetes
- Psychiatry
- Cardiology
- Neurology

Have you already done a DNA test but need help understanding it? *We can help with that!*



## NUTRIGENOMICS

*You are different.*

The general advice of “eat right and exercise” means something different to everyone based on their DNA. A **nutrigenomics test**, similar to a pharmacogenomics test, can help us discover useful tips for your diet and physical fitness with a quick cheek swab. With our test, we can formulate a lifestyle plan to help maximize your body’s performance.

### Curious about CBD?

We can test how the body processes that also.



## ANTIOXIDANTS

*Do you know if you are protected?*

Antioxidants are your body’s main defense against harmful substances such as air pollution, cigarette smoke, stress, and sun pollution - which can lead to inflammation and damage the body. How do YOU know if you have enough?

Our **Biophotonic scanner** provides a painless reading in the palm of your hand in less than 1 minute. The reading provides us with the amount of carotenoids that are in the body which directly correlates to your amount of antioxidant protection.

*Find out your reading and start taking steps to healthier foundations with PharmD Integrative Health!*

